

Face It, Forgive It, and Forge Ahead

by Norman Moore

For some of us, in our past,
There's pain and much abuse.
The hurt is great and scars are deep,
And we wonder, "What's the use?"

As anger boils down deep inside
From suffering in our past,
Sometimes we react in harmful ways,
Needing victory that will last.

We read and pray and seek advice,
Trying hard to cope.
"How do we handle our abusive past?
Is there any hope?"

Face it, forgive it, and forge ahead
His Spirit comes to say.
We can recover from old hurts
And enter a brand new day!

To face the hurt and forgive the wrongs
Is not an easy task.
But only then can we forge ahead
To real victory that will last.

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